



Volunteers for Peace Vietnam NEWSLETTER #1

ALL TOGETHER IN SEPTEMBER

In September the **International Volunteers (IVs)** from **Volunteers for Peace Vietnam** got the chance to share multiples activities to exchange culture and bound together but also with Vietnamese **Local Supporters**.



Working buddy



Karaoke night



Cooking Lesson



Culture night



Movie night

Cooking Lesson

Every month the IVs will decide a desiring dish to cook. No need a professional chef with well-equipped kitchen, they can be cooks themselves. Fall was coming but seemed like Summer still wanted to leave some heat here for us, so nothing was better than a bowl of Bún. Grab all the ingredients, do the magic trick then BANG! Here comes a bowl of **Bún Bò**.
Food is always an endless love.



Recipe : Bun bo (south noodle)

Sauce:

2 spoons of sugar
 1 spoon of vinegar
 2 spoons of fish sauce
 3 spoons of water,
 Garlic, pepper, chilli
 Boil the sauce

- Fry the onions until they are crispy
- Boil the rice noodles
- Mix the salad with coriander and mint at the bottom of the bowl
- chop/crush roasted peanuts
- Cut the noodles in smaller places and put on top of the noodles.
- Roast bean sprouts and put on top of noodles
- Fry beef or tofu in small thin pieces

Order In the bowl :

Salad, noodles, bean sprouts, meat, onion, nuts, sauce



Karaoke Night



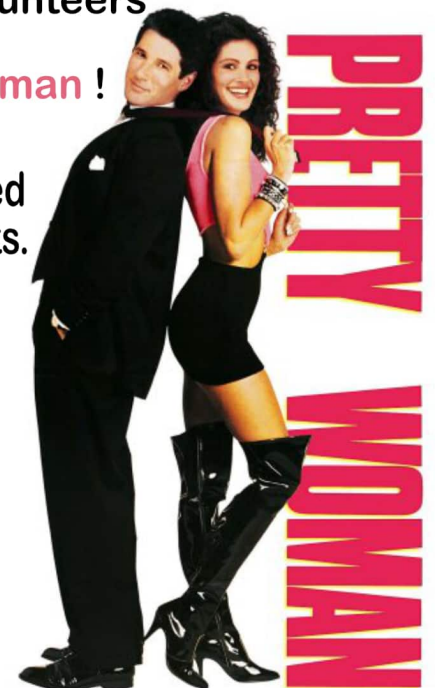
Wanna be a **super star**?
Come and join our karaoke night, where
any singer could become a star!

People didn't feel shy to show off **their incredible (either positive or negative way) voice** with their favourite songs. Once they got the microphone, they **shine so bright**. There was no limit or standard for this special show, it was great chance for everyone to sing.

Movie Night

Movie night is the opportunity for our International Volunteers to share a chill night and just watch a movie together. This time they choose the American classic **Pretty Woman** !

Pretty Woman is a 1990 American romantic comedy film directed by Garry Marshall. The film stars Richard Gere and Julia Roberts. Its story centers on down-on-her-luck Hollywood hooker Vivian Ward, who is hired by Edward Lewis, a wealthy businessman, to be his escort for several business and social functions, and their developing relationship over the course of her week-long stay with him.

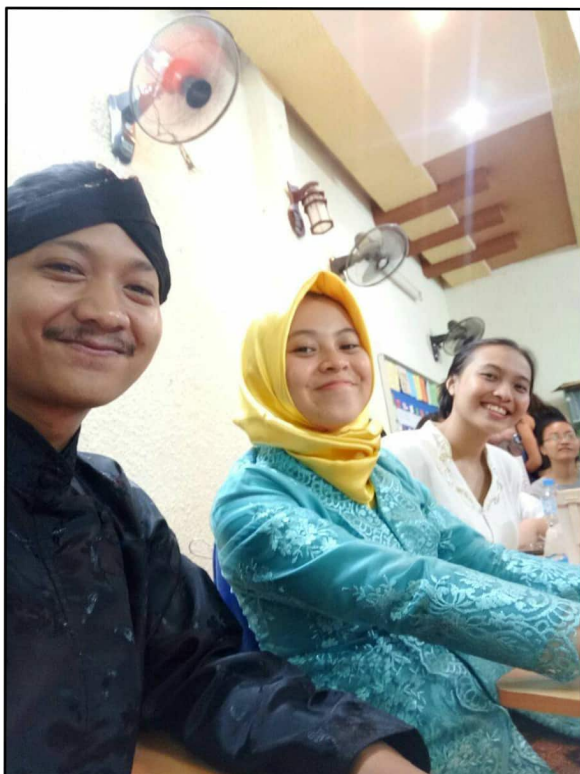


Culture night



Culture night is a public event where you can enjoy **live songs, dances, even a piece of poem or any feature of art** from many countries in all over the world.

The participants including international volunteers, local volunteers and friends showed their **unexpected performances** to spread their own cultures to everybody.



This Culture Night, a few countries were represented :

Indonesia, Denmark, England, Vietnam, France, Finland, Korea, Germany and Austria.

International Volunteers and Local Supporters gathered to share their cultures through dancing, singing and cooking !

Working Buddy

This VPV project consists in giving the opportunity to **International Volunteers and Local Supporters** to work together at caring centers for **disabled children**.



Everyday, after walking to the centers, the International volunteers start their days with **full of smiling kids**. Not only help teachers with the class, they are also **good playmates**.



Even though language is a barrier, they try to communicate with kids as much as possible to help them develop **soft skills and sociability**.

Local Supporters work as working buddies to help them to do so by translating to the teachers but also to the kids.

upcoming
EVENTS



- Movie night : Monday 16th of October.
- Cooking Lesson : Thursday 19th of October.
This time, our International Volunteers will learn how to make spring rolls.
- Basketball game :
Between VPV and CSDS.



Volunteers for Peace Vietnam (VPV)

Address : 72 Pham Than Duat Street, Cau Giay, Hanoi

Email : info@vpv.vn

Website : <http://www.vpv.vn/>

Phone number : (84) 243 765 2719